HAIDA GWAIJI
STATE OF EMERGENCY

Haida Gwaii’s COVID-19 emergency measures have been updated due to a confirmed case on the Islands.

If you have any sign of illness, however mild, self-isolate from other members of your household and the community and seek testing for COVID-19 immediately. COVID-19 symptoms include:
- fever, cough, shortness of breath, sore throat, runny nose, loss of smell.

If you experience any symptoms, phone Northern Health’s Online Clinic: 1.844.645.7811

At this time, everyone must practice extreme care, kindness and caution.

COVID-19 EMERGENCY MEASURES IN EFFECT UNTIL FURTHER NOTICE

### STAY LOCAL: PULL BACK YOUR SOCIAL CIRCLE

You can only have physical contact with people you live with. Each person must be healthy and observing COVID-19 prevention measures.

- Pull back your social circle to include only your immediate family.
- **Parties and other gatherings are not permitted at this time.**
- When interacting with immediate family who are not in your household, gather outdoors (for example, meet in your yard or at the beach).
- Respect physical distancing, especially when indoors, and always practice good hygiene.
- Consider the interactions each person within your social circle has had and remember how easily the COVID-19 virus can spread.
- Elders, those with compromised immune systems and people with chronic conditions are especially vulnerable to COVID-19. Use extra care and caution with your interactions.

Limit social interactions and always consider the risks to you, your family, friends and community.

### RESPECT PHYSICAL DISTANCING & PRACTICE GOOD HYGIENE

Only leave home when you are in good health and respect the following:

- Physical distancing: keep at least 2 metres / 6 feet away from people who are not from your household.
- When physical distancing is not possible – indoors or outdoors – it is strongly recommended that you wear a non-medical/cloth mask. Do not touch the mask when using.
- Wash hands thoroughly and often with soap and water for 30 seconds; if soap and water are unavailable, use hand sanitizer.
- Avoid touching your eyes, nose or mouth; if you need to touch your face, wash your hands before and after.
- Cough or sneeze into your arm sleeve or a tissue (**immediately dispose of tissue and wash hands**).
- When out and about in the community, give priority to Elders and always give them safe physical distance.
**Testing, Tracing & Circles of Care**

Public Health will notify anyone who has been in close contact with someone who has tested positive.

- Individuals and businesses are encouraged to record interactions with others.
- Keep track of where you have been, dates, and people you have interacted with.

Public Health policies prevent communities from being notified of COVID-19 cases. To protect Haida Gwaii, anyone who tests positive for COVID-19 is encouraged to self-report to officials.

**Circles of Care** are set-up in each community for any person(s) and/or their families if they test positive. Contact the Emergency Operations Centers to access circles of care or to self-report a case.

Confidentiality is always protected.

**Indoor Gathering Places**

- All businesses and services open to the public must ensure physical distancing and hygiene standards are maintained at all times.
- Businesses and organizations will continue or resume services at their own discretion. Offices, businesses and services must comply with current provincial health and WorkSafeBC standards and have COVID-19 Safety Plans in place.

**Outdoor Spaces**

Many beaches, trails, and outdoor spaces are open for local, day-use. You are responsible for maintaining physical distancing and sanitizing any surfaces (for example, if your community playground is open). Use at your own risk and check with your local authority or EOC for more information.

**Local On-Island Travel, Curfews & Checkpoints**

Travel between Island communities should be kept to essential errands only. Limit movement and travel between communities, for example, shop at the grocery store closest to you. As of July 18, the Old Massett Village Council and Skidegate Band Council are maintaining checkpoints and implementing curfews to slow the spread of COVID-19. Curfew details will be provided by local EOCs.

**Travel To/From Haida Gwaii**

- Residents should not travel off-Island unless essential. For example, “essential” includes medical travel, which is important and encouraged. It also includes urgent family matters and essential work off-Island.
- Follow strict physical distancing and good hygiene measures if you must travel off-Island.
- If you have travelled on a flight, check the BC Centre for Disease Control website for possible COVID-19 exposures (bccdc.ca).
- Residents traveling from any location must self-isolate for 14 days upon return. Support is available through local authorities and EOCs.

Non-resident travel to Haida Gwaii is not permitted at this time.

**Essential Workers & Mandatory Isolation Process**

Those coming to Haida Gwaii to conduct essential service work must apply through the Council of the Haida Nation and include a Safe Work Procedure and Safe Community Plan. Essential service workers need to self-isolate and/or follow requirements according to Work Permits issued, follow physical distancing measures and hygiene guidelines during isolation and after. Contact <essentialworkpermits@haidanation.com> updated July 18, 2020.

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**Emergency Operations Centers**

- **Gaw Tlagee Old Massett**
  - oldmassettvillagecouncil.com
  - omvcemergency@gmail.com
  - 250.626.7293

- **HIgaagilda Skidegate**
  - skidegate.ca
  - kylemarshall1001@gmail.com
  - 250.559.4610

- **Village of Masset**
  - massetbc.com
  - vom@mhtv.ca
  - 250.626.3995

- **Village of Port Clements**
  - portclements.ca
  - office@portclements.ca
  - 250.557.4295

- **Village of Queen Charlotte**
  - queencharlotte.ca
  - VQCHelp@gmail.com
  - 250.637.1780

- **North Coast Regional District**
  - ncrdbc.com
  - info@ncrdbc.com
  - 250.624.2002

For Haida Gwaii COVID-19 updates, go to <haidanation.ca> Updated July 18, 2020