



HAIDA GWAI STATE OF EMERGENCY

These next steps in Haida Gwaii's COVID-19 response provide guidelines to start expanding your social circles. Always err on the side of caution and follow advice from local health care practitioners.

If you have any sign of illness, self-isolate from other members of your household and the community and seek testing for COVID-19 immediately. COVID-19 symptoms include: Fever, dry cough, difficulty breathing, sore throat, runny nose, loss of smell.

We all share the responsibility to keep ourselves and each other safe.

NEXT STEPS IN COVID-19 RESPONSE IN EFFECT UNTIL FURTHER NOTICE

STAY LOCAL: KEEP YOUR CIRCLE SMALL

You can only have physical contact with people you live with. Each person must be healthy and observing COVID-19 prevention measures.

- Carefully expand your social interactions to include close family and friends but **keep your circle small**.
- Visiting inside family and friends' homes is allowed if each person is healthy.
- Respect physical distancing, especially when indoors, and always practice good hygiene.
- When expanding your social circle, consider the interactions each person within your circle has had and remember how easily the COVID-19 virus can spread.

Only increase social interactions after fully considering the risks to you, your family, friends and community. If you are vulnerable to the health impacts of COVID-19, continue with caution and carefully consider if and how you will expand your circle.

RESPECT PHYSICAL DISTANCING & PRACTICE GOOD HYGIENE

Only leave home when you are in good health and respect the following:

- Physical distancing: keep at least 2 metres / 6 feet away from people who are not from your household.
- When you are not able to physically distance in public, consider wearing a non-medical mask.
- Wash hands thoroughly and often with soap and water for 30 seconds.
- Wash your hands before and after touching your eyes, nose or mouth.
- Cough or sneeze into your arm sleeve or a tissue (*immediately dispose of tissue and wash hands*).
- When out and about in the community, give priority to Elders and always give them safe physical distance.

INDOOR GATHERING PLACES

- All businesses and services open to the public must ensure physical distancing and hygiene standards are always maintained.
- Offices, businesses and services must comply with current provincial health and WorkSafeBC standards and have required COVID-19 Safety Plans in place.
- Public places and facilities may be re-opening. Check with your local authority or EOC for more information.

OUTDOOR SPACES

Parks, playgrounds, trails and other outdoor spaces may be re-opening for day use. You are responsible for maintaining physical distancing and sanitizing any surfaces (for example, at the playground). *Use at your own risk* and check with your local authority or EOC for more information.

LOCAL ON-ISLAND TRAVEL

When traveling between Island communities, do so carefully. Always respect physical distancing, practice good hygiene and consider wearing a non-medical mask when in indoor public places.

RESIDENT OFF-ISLAND TRAVEL

Non-resident and all leisure travel to Haida Gwaii is not permitted at this time.

- Residents should assess the risks of off-Island travel and take every precaution while away and upon returning home.
- Self-isolation after medical travel is only required if returning from a high-risk facility.
- Residents traveling from anywhere outside of the Northern Health region should self-isolate for 14 days upon returning.

ESSENTIAL WORKERS & MANDATORY ISOLATION PROCESS

Those coming to Haida Gwaii to conduct essential service work must apply through the Council of the Haida Nation and include a Safe Work Procedure and Safe Community Plan. Essential service workers need to self-isolate and/or follow requirements according to Work Permits issued, follow physical distancing measures and hygiene guidelines during isolation and after. Applications can take 7-10 days to process, contact: <essentialworkpermits@haidanation.com>

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Northern Health's 24/7 Online Clinic and Information Line: 1.844.645.7811

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