



HIGaagilda · Skidegate

## Emergency Operations Centre Information

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### HOW TO GET TESTED FOR COVID-19 ON HAIDA GW AI

COVID symptoms (may include): fever, chills, shortness of breath, sore throat, painful swallowing, runny nose/stuffiness, loss of sense of smell/ taste, headaches, muscle aches, fatigue, loss of appetite, diarrhea, nausea, vomiting, conjunctivitis (Pink Eye), confusion, abdominal pain, discoloration of fingers or toes.

Or, if you believe you have been in contact with someone who has tested positive follow these steps.

- 1.) If you have questions or need testing, need health advice, a virtual screening or assessment, you will need to call the **COVID-19 Online Clinic and Information Line for Northern BC < 1-844-645-7811 >**.

Once you call this line a health professional will assess you over the phone and you will be supported by a virtual physician or Nurse Practitioner. **They will provide you with a lab requisition (a Doctor/Nurse Practitioner order for the COVID lab test).**

You can also use the BC Centre for Disease Control Support App & Self-Assessment tool. If you require assistance following your self-assessment please call < 811 > and not your local doctor This is because we need to centralize the process for testing and also to reduce the number of calls to local health professionals.

- 2.) Once you have a requisition you will be directed to one of two designated testing sites on Haida Gwaii.

- For Southern residents: Emergency parking lot (level 2) at Haida Gwaii Ngystle Naay.
- For Northern residents: Emergency parking (Northern Haida Gwaii Hospital).

At the sites: a Doctor or Nurse Practitioner will approach you dressed in Personal Protective Equipment (this is for everyone's safety) and they will take a swab from your nose.

Test results take up to 3 days to come back from the lab. A health care professional will contact you and *only* you with the results of your test. Public health is legally required to protect your confidentiality and cannot reveal test results or details about your case with anyone other than the person getting tested. If a positive test result is obtained, there may be another one or two days for additional testing and confirmation of the positive test.

Upon being contacted with your results you may be asked for permission to put supports in place for you, such as cooking, grocery shopping, prescription pick up, etc. •

The Skidegate Emergency Operations Committee (EOC) was established March 16, 2020 to address the Novel Coronavirus Pandemic and its potential impact in Skidegate.

Skidegate EOC's primary goal is to ensure the safety of our community. Part of achieving this goal is by supporting those who request grocery shopping service.

Groceries can be bought for Skidegate residents through two options:

1. You can call in or drive in and place your order and pay for your groceries with debit or credit card.
2. You can call in your list and groceries will be charged to the Skidegate Health Centre\*. The Skidegate Health Centre will then mail you an invoice. You will be required to pay the Skidegate Health Centre in one of the following ways:
  - Give the person handing you this invoice a cheque made out to the Skidegate Health Centre (we are not currently accepting cash).
  - Mail a cheque to the Skidegate Health Centre at PO Box 1348, Skidegate, V0T 1S1
  - E-transfer [ruth.wheadon@skidegatehc.ca](mailto:ruth.wheadon@skidegatehc.ca) with the password: Skidegate
  - Call Northern Savings Credit Union at 250.559.4407 and ask to add the Skidegate Health Centre Society EOC sub account (#7395007) to your direct transfer list for online banking.

Please ensure you include your name and invoice number(s) in the e-transfer/direct transfer message.

If you have any questions, please call Ruth Wheadon at 250.559.4610 and leave a message. Your call will be returned.

*\*By agreeing to option 2, please understand that the SHCS reserves the right to deduct from other SHCS programs you are eligible for if you fail to pay your invoice and all other options have been exhausted.*